BICYCLE SAFETY IN MISSISSIPPI

EVERYONE HAS A RIGHT TO RIDE SAFELY NO MATTER HOW THEY CHOOSE TO TRAVEL. BICYCLES IN MISSISSIPPI HAVE THE SAME RIGHTS AND RESPONSIBILITIES AS A VEHICLE ON THE ROAD. ALWAYS WEAR A HELMET AND RIDE ON THE RIGHT - WITH TRAFFIC!

1. ABC QUICK CHECK

AIR: Squeeze your tires, fill with air until firm to the touch.

BRAKES: Check your brakes before riding.Replace brake pads if they are wearing down.CHAIN, CRANK, CASSETTE: Spin your chain backwards and check for rust or debris. Check to

2. RIDING AT NIGHT

Wear bright, reflective clothing. Use a bright headlight AND rear light Use Caution.

3. USE TURN SIGNALS

Use turn signals when turning right or left. You may point in the direction your are turning or use traditional signals as illustrated.

4. FITTING A HELMET

When you shake your head from side to side, a correctly fitted helmet will stay in place.

The League of American Bicyclists recommends two-fingers width between your eyebrows and helmet; Side straps making a"Y" below the ear and recommends less than 1/2" between your chin and the strap.

5. TRAIL ETIQUETTE

Ride on the right side (just like you would on the road) unless indicated otherwise.

Be courteous and try not to surprise other users.

Give a clear signal when passing a bicyclist or pedestrian. Use your bell or voice. A typical warning used when approaching is *"on your left"*.

1. ABC QUICK CHECK

2. RIDING AT NIGHT



3. USE TURN SIGNALS

- Signals from left to right:
- 1. Turning left
- 2. Turning right (traditional)
- 3. Stopping
- 4. Turning right



4. FITTING A HELMET





5. TRAIL ETIQUETTE



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